



Evangelical Lutheran Church in America
God's work. Our hands.

Be well and wear a mask

**ELCA Presiding Bishop Elizabeth Eaton Weekly Video Message
Nov. 6, 2020**

It's been over eight months since the pandemic began. If you're like me, you're sick and tired of being sick and tired. The constant anxiety about the disease. The restrictions on our lives. Nevertheless, now more than ever, we need to be vigilant.

Just Wednesday this week, over 100,000 new cases were recorded in our country and over 1,600 people died. And, we're moving into colder weather and the regular flu season, which will drive us indoors.

In service to each other, we can take some very simple precautions. It's not rocket science. We need to wash our hands, and if you need a timer, sing the Doxology. We need to stay out of crowds. We need to physically distance, and we need to wear masks.

By doing this, we can demonstrate that it's possible, even in our COVID fatigue, to be caring for our neighbor and caring for those most vulnerable.

So, dear church, wash your hands, stay out of crowds, physically distance and wear a mask. Be well, dear church.