

Pathways to Promise



Evangelical Lutheran Church in America
God's work. Our hands.

Pathways to Promise was founded by fourteen faith groups and mental health organizations to facilitate the faith community's work in reaching out to those with mental illnesses and their families. Pathways is a technical assistance and resource center for congregations interested in this area of ministry.

Pathways to Promise is the principal means by which the ELCA interacts with the social message on mental illness. The ELCA is part of the Pathways to Promise mental health network whose leaders confer on a regular basis.

Pathways to Promise features many different kinds of resources on their site. Look on the Web site for resources such as:

Training

1. **Mental Health 101** This is a presentation designed to increase understanding of mental health issues, and grow capacity to support recovery and wellness.
2. **Companionship: A Ministry of Presence** Companionship is a way to respond to a person is struggling with a mental health issue by publically supporting an individual in moving toward becoming well and whole.
3. **Organizing a Mental Health Team in Your Congregation** The goal of this training is to help congregations organize a Mental Health Ministry Team to serve as center of support for individuals and families facing especially difficult and challenging mental health issues

Educational Materials

For pastors and for family members

Resources

Annotated mental health resources

Models of ministry

Resolutions of Faith Groups

Visit the website at Pathways2Promise.org