

# Facilitator Guide

## Step One - Host Reflection:

- Watch the movie: **"A Time for Burning"**
  - To watch: <https://bit.ly/atimeforburning>
- For more information about the film, read the PDF "A Time for Burning" by Ed Carter
- Take time to reflect and complete the [study questions](#).

## Setting Up the Screening Room:

- Arrange the room so everyone can see the screen.
- Ensure the sound is loud enough, and closed captioning is turned on.
- Provide water and tissues. Consider providing fidgets and stress balls.

## Day of the Screening Before the Movie:

- Welcome participants.
- Do a [Land Acknowledgement](https://elca.org/indigenous). (<https://elca.org/indigenous>)
- Pray together.
- Review communication guidelines (if you have your own set, use those; if not, we recommend: <https://www.kscopeinstitute.org/kittoolkit>).
- Ask participants to refrain from talking or commenting during the film.
- Invite people to notice how their bodies are reacting to the movie, paying attention to areas of tension.

## After the Movie:

- Begin with a period of silent reflection.
- Remind participants of the communication guidelines. Ask them to [express how they feel](#) using one or two words (avoid allowing people to make statements).
- Lead an embodiment exercise.
  - For example, in Resmaa Menakem: book [My Grandmother's Hands](#) pg 30-35 lists a couple of them.
  - Or invite participants to stretch and shake their hands & legs and do some breathing exercises.
- Remind everyone that the event is intentionally geared toward a white audience, BIPOC participants should not be pressured or asked to answer questions. Offer the option to have BIPOC participants meet in an affinity group for the discussion part.
- Use the [study guide](#) to discuss the film.
- Discuss how participants can stay involved. Invite people to join your congregation's racial justice team , synod team, etc.



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