

## **FEBRUARY**

**ASH WEDNESDAY** O God, help us as we take up your invitation to prayer and simplicity, that the discipline of these 40 days might sharpen our hunger for justice. Hear us, O God. Your mercy is great.

THU

Today would be a good day to set a goal for your giving to ELCA World Hunger as part of 40 Days of Giving. Write it down and refer back to it throughout the season.

FRI

"As a person who has needed advocacy, I invite you to step in [to consider advocating for others] with open exploration for where God's grace and mercy may abide.'

housing guide.

**ELCA.org/Resources/ELCA-World-Hunger** 

"Be with us through this season, Lord, and all our earthly days, that when the final Easter dawns, we join in heaven's praise." "O Lord, Throughout These Forty Days" (ELW 319)

SUN

Read and reflect on today's Gospel, Matthew 4:1-11. Then, read the Week One material in ELCA World Hunger's Lent study guide.

MON

# **Goats** (\$50)

survive and thrive where other animals can't. They truly are lifesavers for families navigating some of the world's most difficult terrain.



"Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke?" (Isaiah 58:6).

### **MARCH**

WED

TUE

Loving God, overturn our love of worldly possessions and fix our hearts more firmly on you, that, having nothing, we might yet possess everything, a treasure stored up for us in heaven. Hear us, O God. Your mercy is great.

"Let justice flow like streams of sparkling water, pure, enabling growth, refreshing life, abundant, cleansing, sure."

—"Let Justice Flow Like

Faithful Creator, you have named us and called us into discipleship. Teach us to follow the One whose light scatters the darkness of our world, that we might walk as children of the light. Hear us, O God. Your mercy is great.

> "You are a hiding place for me; you preserve me from trouble; you surround me with glad cries of deliverance" (Psalm 32:7).

Read and reflect on today's Gospel, John 3:1-17. Then read the Week Two material in ELCA World Hunger's Lent study guide.

MON

TUE



"An 'aging congregation' has run out of ways to connect with their community. We have members who are aging, but our community is young!"

-Rev. Sang Soo Kim, pastor of Light of Grace Lutheran Church in Federal Way, Wash

God of patient love, we pray for grace to take your generous gift and step with courage on this holy path, confident

your plan for us, made known and given in Jesus Christ our Lord. Hear us, O God. Your mercy is great.

in the radiant life that is

WED

Attending a **farmer field school** (\$75), a woman can learn how to grow a diversified vegetable garden, giving her family food security, additional income and hope for the future

SAT

THU

"I lift up my eyes to the hills — from where will my help come? My help comes from the Lord, who made heaven and earth" (Psalm 121:1-2).

FRI

"We are taking chances to try something new, and we can learn from each other in the

process." - Mariella, Cuba

Piglets (\$30) provide extra nutrition, fertilizer and income for families.



SAT

Giver of life, pour your love into our hearts, that, refreshed and renewed, we might invite others to the living water given to us in Jesus Christ our Lord. Hear us, O God. Your mercy is great.

Read and reflect on this week's Gospel, John 4:5-42. Then, read the Week Three material in **ELCA World Hunger's** Lent study guide.

MON

"Lord, you give justice in all oppression, maintain the right, set prisoners free. You feed the hungry in your compassion; healing and life flow from your tree."

-"Praise the Almighty!" (ELW 877)

"One bread, one body, one Lord of all; one cup of blessing which we bless, and we, though many throughout the earth, we are one body in this one Lord."

—"One Bread, One Body" (*ELW* 496)

Scan the QR code to read Nong's story in the spring 2022 edition of "LifeLines" (p. 4)!



THU

The world produces more than enough food to feed every person — but the number of people experiencing hunger is growing. Just \$2 a day can have a significant impact toward sustainable solutions that end hunger and poverty.

FRI

"If you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday" (Isaiah 58:10).

See the impact of your generosity to ELCA World Hunger by choosing a video to watch on our Vimeo channel. Thank you for supporting innovative solutions that get at the root causes of hunger!

Vimeo.com/Channels/ELCAWorldHunger

SUN

Read and reflect on today's Gospel, John 9:1-41. Then, read the Week Four material in ELCA World Hunger's Lent study guide.



LCA World Hunger

# **GOAL AMOUNT:**

# 100 CONG

20 MON



Scan the QR code to read Marta's story in Living Lutheran!



21 TUE Faithful savior, open our hearts that with compassion and love we might recognize one another as signs of your presence among us, through Jesus Christ, who redeems us.

Hear us, O God. Your mercy is great.

22 WED

A simple water well or other water point can help as many as 500 families gain access to clean, safe water. Consider the gift of a well (\$2,500) or a portion of a safe-water project (\$250) today.



23 THU "God's invitation for us to build a just world where all are fed comes out of our own experience as people saved by grace. As told in Holy Scripture, the entire history of the people of God is the story of God being present with the people, especially when they felt alone."

Revisit this lesson in ELCA World Hunger's Lent study guide Week Two material.

24 FRI "Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the Lord my whole life long."
(Psalm 23:6).

25 SAT Creator God, keep us in your presence and give us your wisdom. Open our hearts to gladness, call dry bones to dance and restore to us the joy of your salvation. Hear us, O God. Your mercy is great.

26 SUN

Read and reflect on today's Gospel, John 11:1-45. Then, read the Week Five material in ELCA World Hunger's Lent study guide. 2/ MON

> "Alice's Garden is truly a pocket of paradise in an urban landscape."

—Sierra

Use March 15's QR code to read the story on pp. 6-7 in "LifeLines.



28 TUE "All who hunger, gather gladly; holy manna is our bread. Come from wilderness and wandering. Here in truth we will be fed. . . . . Taste and see the grace eternal. Taste and see that God is good."

—"All Who Hunger, Gather Gladly" (ELW 461)

29 WED



Even the most experienced farmers — such as Hasani — can transform their harvests and their futures with access to seeds and tools (\$50) along with agricultural training.

30 THU "We help because we were helped."

—Rev. Michal Belanji, pastor of a congregation in Slovakia hosting Ukrainian refugees

Scan the QR code to read about the Lutheran history of welcome on the Lutheran Disaster Response blog.

31 FRI "My soul waits for the Lord more than those who watch for the morning, more than those who watch for the morning. O Israel, hope in the Lord! For with the Lord there is steadfast love...

[and] great power to redeem" (Psalm 130:6-7).



**APRIL** 

As many as 811 million people around the world are undernourished. Your gifts matter. Keep learning about how you can make an impact by visiting ELCA.org/Hunger. Thank you.

2 SUN Read and reflect on today's Gospel, John 11:1-45. Then revisit a favorite hymn, lesson, passage from Scripture or ELCA story from World Hunger to reflect on as we enter into Holy Week.

3 MON Loving God, pour out your Spirit upon us, that we might face despair and death with the hope of resurrection and faith in the One who called Lazarus forth from the grave. Hear us, O God. Your mercy is great. 4 TUE

"When through the waters winds our path, around us pain, around us death: deep calls to deep, a saving breath, and found beside us faithfully there is the love of God."

-"In Deepest Night" (ELW 699)

5 WED Christ our God, hold us in your embrace as we wait for Easter's dawn. Comfort us with the promise that no power on earth, not even death itself, can separate us from your love. Hear us, O God. Your mercy is great.

**6** THU

Gather all you've collected throughout your Lenten journey and add up your total gift to ELCA World Hunger. Make your donation online at ELCA.org/40Days or bring your gifts to your congregation. Thank you for working creatively and courageously toward a just world where all are fed.

7

FRI

"We were able to feel alive again....

They gave us a grain of hope and dragged us from uncertainty to a new life."



-Rashad, an asylum seeker in Serbia, reflecting on the transformative support provided by the Asylum Protection Center (an ELCA World Hunger partner).

8 SAT "By your hand you feed your people, food of angels, heaven's bread. For these gifts we did not labor, by your grace we have been fed."

—"By Your Hand You Feed Your People" (*ELW* 469) 9 EASTER SUNDAY He is not here, but has risen! Alleluia!

Read, reflect on and rejoice in John 20:1-18 or Luke 24:1-12.



Prayers have been adapted from *Sundays and Seasons* (Augsburg Fortress, 2022).