

DO YOU EVER FEEL

- Trapped
- Controlled
- Physically or emotionally unsafe

in your home or relationship?

If so, you may be in an abusive relationship. You are not alone. Call the number below to talk with someone.



Evangelical Lutheran Church in America
God's work. Our hands.

National Domestic Violence Hotline

800-799-SAFE (7233) or 800-787-3224 (TTY)
thehotline.org

(24/7, anonymous, confidential, translators available)

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Local/state numbers:

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