



# COVID-19 COMMUNITY RESOURCES

## Washington State

### GENERAL INFORMATION

More information about public assistance and the state's response to COVID-19 can be found at <https://coronavirus.wa.gov/>.

### NATIONAL SUICIDE HOTLINE

The National Suicide Prevention Lifeline is a 24/7, toll-free hotline available to anyone in suicidal crisis or emotional distress. Call 800-273-8255 for support or go to <https://suicidepreventionlifeline.org/chat/>.

### DOMESTIC VIOLENCE HOTLINE

The National Domestic Violence Hotline can be reached at 800-799-7233. You can chat online with an advocate at [www.thehotline.org](http://www.thehotline.org) or text LOVEIS to 25222.

### FARMER CRISIS HOTLINE

Farmers who are facing challenges during the pandemic can contact Farm Aid at 800-FARM-AID. More resources can be found at the National Farmers Union's Farm Crisis Center at <https://farmcrisis.nfu.org/>.

### UNEMPLOYMENT

Federal legislation has made unemployment benefits available to workers who may not have qualified before. To learn more and to apply, visit <https://esd.wa.gov/unemployment>. There are links available for information for different types of workers.



### SNAP

The Supplemental Nutrition Assistance Program (SNAP) in Washington is called Basic Food. For information and to apply, visit <https://www.dshs.wa.gov/esa/community-services-offices/basic-food> or request a paper application by calling 877-501-2233.



### UTILITIES ASSISTANCE

Information on the Low Income Home Energy Assistance Program in Washington can be found by contacting local community action agencies. A map of local agencies, with contact information, can be found at <https://fortress.wa.gov/com/liheappublic/map.aspx>. Applicants can also call 360-725-2857 for more information.



### RENT AND EVICTIONS

Federal law has placed a moratorium on evictions from certain properties, including those backed by federal mortgages through Fannie Mae and Freddie Mac. To learn more, visit [https://larsen.house.gov/uploadedfiles/covid\\_toolkit\\_3.30.20.pdf](https://larsen.house.gov/uploadedfiles/covid_toolkit_3.30.20.pdf). This, however, does not apply to most private residences. For rental assistance and housing help, visit <https://www.hud.gov/states/washington>.



### NUTRITION FOR WOMEN, INFANTS AND CHILDREN

Information about WIC, including how to apply, can be found at <https://www.doh.wa.gov/youandyourfamily/wic>. Application interviews are being conducted over the phone. Visit [https://resources.parenthelp123.org/resource\\_finder/service/wic-nutrition-program-for-women-infants-children](https://resources.parenthelp123.org/resource_finder/service/wic-nutrition-program-for-women-infants-children) to find your local office. Federal law has waived the requirement for applicants to appear in person. Check with your local office to verify the application process.



### CHILD CARE

Information about child care assistance can be found at <https://www.dcyf.wa.gov/services/earlylearning-childcare/getting-help>



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