



COVID-19 COMMUNITY RESOURCES

Iowa

GENERAL INFORMATION

More information about public assistance and the state's response to COVID-19 can be found at <https://dhs.iowa.gov/COVID19>.

NATIONAL SUICIDE HOTLINE

The National Suicide Prevention Lifeline is a 24/7, toll-free hotline available to anyone in suicidal crisis or emotional distress. Call 800-273-8255 for support or go to <https://suicidepreventionlifeline.org/chat/>.

DOMESTIC VIOLENCE HOTLINE

The National Domestic Violence Hotline can be reached at 800-799-7233. You can chat online with an advocate at www.thehotline.org or text LOVEIS to 22522.

FARMER CRISIS HOTLINE

Farmers who are facing challenges during the pandemic can contact Farm Aid at 800-FARM-AID. More resources can be found at the National Farmers Union's Farm Crisis Center at <https://farmcrisis.nfu.org/>.

UNEMPLOYMENT

Federal legislation has made unemployment benefits available to workers who may not have qualified before. To learn more and to apply, visit <https://www.iowaworkforcedevelopment.gov/file-claim-unemployment-insurance-benefits>.



SNAP

For more information on Supplemental Nutrition Assistance Program (SNAP) benefits in Iowa, visit <https://dhs.iowa.gov/food-assistance>. To apply for SNAP benefits and other public benefits in Iowa, visit <https://dhsservices.iowa.gov/apsspssp/ssp.portal>.



UTILITIES ASSISTANCE

Energy assistance programs are administered by community action agencies. Visit <https://humanrights.iowa.gov/dcaa/where-apply> to find your local office. Contact your local office to apply.



RENT AND EVICTIONS

Federal law has placed a moratorium on evictions from certain properties, including those backed by federal mortgages through Fannie Mae and Freddie Mac. To learn more, visit https://larsen.house.gov/uploadedfiles/covid_toolkit_3.30.20.pdf. This, however, does not apply to most private residences. For rental assistance and housing help, visit <https://www.hud.gov/states/iowa>.



NUTRITION FOR WOMEN, INFANTS AND CHILDREN

For more information about WIC in Iowa, to locate your local WIC agency and to learn more about applying, visit <https://idph.iowa.gov/WIC> or call 800-532-1579. Federal law has waived the requirement for applicants to appear in person. Check with your local office to verify the application process.



CHILD CARE

Information about child care assistance can be found at <https://dhs.iowa.gov/childcare/families>. The Centralized Child Care Assistance Eligibility Unit can also be reached at 866-448-4605.



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