



# COVID-19 COMMUNITY RESOURCES

## North Dakota

### GENERAL INFORMATION

More information about public assistance and the state's response to COVID-19 can be found at <http://www.nd.gov/dhs/info/covid-19/families.html>.

### NATIONAL SUICIDE HOTLINE

The National Suicide Prevention Lifeline is a 24/7, toll-free hotline available to anyone in suicidal crisis or emotional distress. Call 800-273-8255 for support or go to <https://suicidepreventionlifeline.org/chat/>.

### DOMESTIC VIOLENCE HOTLINE

The National Domestic Violence Hotline can be reached at 800-799-7233. You can chat online with an advocate at [www.thehotline.org](http://www.thehotline.org) or text LOVEIS to 22522.

### FARMER CRISIS HOTLINE

Farmers who are facing challenges during the pandemic can contact Farm Aid at 800-FARM-AID. More resources can be found at the National Farmers Union's Farm Crisis Center at <https://farmcrisis.nfu.org/>.

### UNEMPLOYMENT

Federal legislation has made unemployment benefits available to workers who may not have qualified before. To learn more and to apply, visit <https://www.jobsnd.com/unemployment-individuals/file-claim>. There are links to each of the different types of unemployment claims.



### SNAP

For more information on Supplemental Nutrition Assistance Program (SNAP) benefits in North Dakota and to apply, visit <https://dhsbenefits.dhs.nd.gov/>. Applicants can also call the nearest Human Service Zone office for assistance. A list can be found at <http://www.nd.gov/dhs/locations/countysocialserv/index.html>.



### UTILITIES ASSISTANCE

For information on the Low Income Home Energy Assistance Program (LIHEAP) in North Dakota, visit <https://www.nd.gov/dhs/services/financialhelp/energyassist.html>. Applications can be requested from and mailed to the nearest Human Service Zone office. A list of offices can be found at <http://www.nd.gov/dhs/locations/countysocialserv/index.html>.



### RENT AND EVICTIONS

Federal law has placed a moratorium on evictions from certain properties, including those backed by federal mortgages through Fannie Mae and Freddie Mac. To learn more, visit [https://larsen.house.gov/uploadedfiles/covid\\_toolkit\\_3.30.20.pdf](https://larsen.house.gov/uploadedfiles/covid_toolkit_3.30.20.pdf). This, however, does not apply to most private residences. For rental assistance and housing help, visit: [https://www.hud.gov/states/north\\_dakota](https://www.hud.gov/states/north_dakota).



### NUTRITION FOR WOMEN, INFANTS AND CHILDREN

Information about WIC, including how to apply, can be found at <https://www.health.nd.gov/prevention/wic>. The site includes a list of phone numbers for local WIC offices. Federal law has waived the requirement for applicants to appear in person. Check with your local office to verify the application process.



### CHILD CARE

Information about child care assistance can be found at <https://www.nd.gov/dhs/services/financialhelp/childcare.html>.



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