



## GENERAL INFORMATION

More information about public assistance and the state's response to COVID-19 can be found at <https://www.virginia.gov/coronavirus/>.

## NATIONAL SUICIDE HOTLINE

The National Suicide Prevention Lifeline is a 24/7, toll-free hotline available to anyone in suicidal crisis or emotional distress. Call 800-273-8255 for support or go to <https://suicidepreventionlifeline.org/chat/>.

## DOMESTIC VIOLENCE HOTLINE

The National Domestic Violence Hotline can be reached at 800-799-7233. You can chat online with an advocate at [www.thehotline.org](http://www.thehotline.org) or text LOVEIS to 22522.

## FARMER CRISIS HOTLINE

Farmers who are facing challenges during the pandemic can contact Farm Aid at 800-FARM-AID. More resources can be found at the National Farmers Union's Farm Crisis Center at <https://farmcrisis.nfu.org/>.

# COVID-19 COMMUNITY RESOURCES

## Virginia

### UNEMPLOYMENT

Apply online at <https://www.vec.virginia.gov/unemployed/online-services/apply-for-unemployment-benefits> or over the phone at 866-832-2363. Eligibility has been expanded to include workers affected by COVID-19 through a reduction in hours, self-quarantine or caring for ill family members. The waiting period has been waived, and the requirement to submit two job applications weekly has been suspended.



### SNAP

For more information on Supplemental Nutrition Assistance Program (SNAP) benefits in Virginia, visit <https://www.dss.virginia.gov/benefit/snap.cgi>. To apply, visit <https://commonhelp.virginia.gov/>. Virginia's Nutrition Program for Seniors is available in some communities. Call the Virginia Department for the Aging at 800-552-3402 to learn more.



### UTILITIES ASSISTANCE

On March 16, 2020, the State Corporation Commission ordered utilities to suspend service disconnections for 60 days. For information on Virginia's energy assistance program, including assistance for cooling in warmer months, visit <https://www.dss.virginia.gov/benefit/ea/>.



### RENT AND EVICTIONS

Federal law has placed a moratorium on evictions from certain properties, including those backed by federal mortgages through Fannie Mae and Freddie Mac. To learn more, visit [https://larsen.house.gov/uploadedfiles/covid\\_toolkit\\_3.30.20.pdf](https://larsen.house.gov/uploadedfiles/covid_toolkit_3.30.20.pdf). This, however, does not apply to most private residences. For rental assistance and housing help, visit <https://www.hud.gov/states/virginia>.



### NUTRITION FOR WOMEN, INFANTS AND CHILDREN

Information about WIC, including how to apply, can be found at <https://www.dss.virginia.gov/benefit/wic.cgi>. Applications can be submitted online at <https://www.myvawic.org/>. Federal law has waived the requirement for applicants to appear in person. Check with your local office to verify the application process.



### CHILD CARE

Information about child care assistance can be found at <https://www.dss.virginia.gov/family/cc/assistance.cgi>.



**ELCA World Hunger**  
Evangelical Lutheran Church in America  
God's work. Our hands.